



NEWSLETTER



Congratulations!

We have had our first success of the year this week with our netball team winning the Cartmel Peninsula Schools High Five netball competition. They will now go through to the South Lakes competition next Month. All the children scored at least one goal and Mrs Morris said that their attitude and skills shown were exemplary. Well done! We now look forward to the Cross Country after half-term.

Harvest thank you

Thank you everyone who supported our Harvest celebration and so

generously donated tins and silver coins. We have a good collection of tins for the food bank and have sent £55 to Save the Children Fund to help children in war-torn and disaster stricken areas of the world.

Halloween and Bonfire Night safety talk

This week we PCSO Debbie Ross came in to talk to the children about keeping safe at this time of year. The children responded really well and took in the messages that she was delivering. You may want to talk to your child about what was said.

Clubs after half-term – important changes

Running has now finished. There will be one more netball club, the first week back.

Choir is recruiting new members. This takes place on a Wednesday afternoon after school and next half-term will involve preparing items for Christmas. We have been invited to take part in Grange Extravaganza on Saturday 3rd December and may also have some other performances before Christmas. Children from all year groups who enjoy singing and learning songs are welcome to take part. If your child would like to join, please get a clubs form from the office and they can start first week back.

Handmade Herd

You may have seen the wonderful sheep we made with artist Anne- Marie Quinn. These will be displayed on the oval in front of Abbot Hall gallery in Kendal over the weekend of 29th-30th October, with a 'Sheep Auction' at 3pm on the Sunday.

Music in School

We have had a request from a parent to see if we could get a violin teacher in school. I said that I would ask if any other children might be interested in learning so that the cost could be shared. Please let me know if you are interested. You may also have noticed that we have been kindly given a piano! We would like to give any children who play either piano or another instrument to perform whilst the children come into assemblies. I will be asking any children who learn an instrument if they would like to do this.

Healthy Snacks

In the last newsletter we mentioned that in line with school food guidelines, breaktime snacks should not contain sugar or be concentrated fruit sugar that will stick to teeth. Snacks should only be fresh fruit, bread sticks, rice cakes, crackers or non-sugar items. We have noticed that some children are bringing yoghurt and fromage frais which contain sugar. These are fine as part of a packed lunch, but not at break-time.

Halloween party

More details to follow after half-term. This will be on Friday 4th November for children and parents.

School Angel

Please don't forget School Angel if you are shopping online.

Finally...

I hope you all have a great half-term! It has been a really good start to the year; the children have all been fantastic – working really hard and enjoying school. Thank you to all those parents who help out in so many ways to contribute to our school life.

Best wishes,

Sarah Coleman

Dates:

Thursday 3 rd November	Pupil Parliament (4 Year 5/6 pupils)
Friday 4 th November	FOLS fancy dress Halloween party for children and parents- look out for poster
Wednesday 9 th November	Cross Country – all Years 3 to 6
Tuesday 15 th November	Problem Solving day
Friday 18 th November	Children in Need
Wednesday 23 rd November	CPPSA football competition
Saturday 3 rd December	Grange Extravaganza
Tuesday 6 th December and Thursday 8 th December	School Christmas play
Friday 16 th December	Break up for Christmas



and more