

## SELSIDE SCHOOL WEEK 1

Freshly made every day!

| DAY       | CHOICE 1   | CHOICE 2   | CHOICE 3   | CHOICE 4   | PUDDING   |
|-----------|--|--|--|--|---|
| Monday    | Pepperoni Pizza<br>served with Oven Chips and<br>Sweetcorn                 | Margherita Pizza<br>served with Oven Chips and<br>Sweetcorn                        | Jacket Potato with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Chocolate Muffin<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt  |
| Tuesday   | Cottage Pie<br>served with Green Beans<br>and Beetroot                     | Cheese Lattice Slice<br>served with Creamed<br>Potato, Green Beans and<br>Beetroot | Chicken Fajita Wrap<br>served with Salad   | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Shortbread<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt        |
| Wednesday | Roast Chicken Fillet served with New Potatoes, Broccoli, Carrots and Gravy | Cauliflower & Broccoli Bake<br>served with New Potatoes<br>and Carrots             | Hot Cheese & Ham Baguette served with Grated Carrot & Cucumber Sticks            | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Flapjack<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt          |
| Thursday  | Bacon & Tomato Pasta<br>served with Kitchen Made<br>Garlic Bread and Salad | Tomato & Basil Pasta<br>served with Garlic Bread<br>and Salad                      | Fisherman's Wrap served with Salad   | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | lced Carrot Cake<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt  |
| Friday    | Breaded Salmon Fingers<br>served with Potato Smiles,<br>Peas and Sweetcorn | Spicy Bean Burger<br>served with Potato Smiles,<br>Peas and Sweetcorn              | Jacket Potato with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Chocolate Brownie<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt |

**Available Daily: Fresh Fruit and Bread!** 

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## SELSIDE SCHOOL WEEK 2



| CHOICE 1   | CHOICE 2   | CHOICE 3   | CHOICE 4  | PUDDING  |
|--|--|--|---|--|
| Pork Meatballs in Tomato Sauce served with Wholegrain Rice and Mixed Vegetables                    | Vegetable Bolognaise<br>served with Wholegrain<br>Rice and Mixed Vegetables  | Jacket Potato with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad   | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  | Oaty Cookie<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt  |
| Chicken & Vegetable Pasta Bake served with Kitchen Made Garlic Bread, Peas and Sweetcorn           | Cheesy Pasta Bake<br>served with Garlic Bread,<br>Peas and Sweetcorn   | Tuna Salad Wrap served with Sweetcorn  | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  | Vanilla Muffin<br>or<br>Fresh Fruit Pot or<br>Frozen Yoghurt   |
| Roast Beef & Yorkshire Pudding served with Roast Potatoes, Savoy Cabbage, Carrot & Swede and Gravy | Vegetarian Sausage<br>served with Roast Potatoes,<br>Savoy Cabbage, Carrot &<br>Swede and Gravy  | Hot Cheese & Ham<br>Baguette<br>served with Salad  | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  | Chocolate Crunch<br>or<br>Fresh Fruit Pot or<br>Frozen Yoghurt   |
| Meat & Potato Pie<br>served with Broccoli and<br>Carrots   | Broccoli Quiche served with Herby Diced Potatoes and Carrots   | Sweet Chilli Chicken<br>Wrap<br>served with Salad  | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  | Rock Bun<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt   |
| Breaded Fish Goujons<br>served with Oven Chips,<br>Baked Beans and Ketchup                         | Veggie Mince Chilli Nachos   | Jacket Potato with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad   | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  | iced Lemon Cake<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt  |
|  | Pork Meatballs in Tomato Sauce served with Wholegrain Rice and Mixed Vegetables  Chicken & Vegetable Pasta Bake served with Kitchen Made Garlic Bread, Peas and Sweetcorn Roast Beef & Yorkshire Pudding served with Roast Potatoes, Savoy Cabbage, Carrot & Swede and Gravy  Meat & Potato Pie served with Broccoli and Carrots  Breaded Fish Goujons served with Oven Chips, | Pork Meatballs in Tomato Sauce served with Wholegrain Rice and Mixed Vegetables  Chicken & Vegetable Pasta Bake served with Kitchen Made Garlic Bread, Peas and Sweetcorn  Roast Beef & Yorkshire Pudding served with Roast Potatoes, Savoy Cabbage, Carrot & Swede and Gravy  Meat & Potato Pie served with Broccoli and Carrots  Preaded Fish Goujons served with Oven Chips,  Vegetable Bolognaise served with Wholegrain Rice and Mixed Vegetables  Cheesy Pasta Bake served with Garlic Bread, Peas and Sweetcorn  Vegetarian Sausage served with Roast Potatoes, Savoy Cabbage, Carrot & Swede and Gravy  Broccoli Quiche served with Herby Diced Potatoes and Carrots  Veggie Mince Chilli Nachos | Pork Meatballs in Tomato Sauce served with Wholegrain Rice and Mixed Vegetables  Chicken & Vegetable Pasta Bake served with Garlic Bread, Peas and Sweetcorn  Roast Beef & Yorkshire Pudding served with Roast Potatoes, Savoy Cabbage, Carrot & Swede and Gravy  Meat & Potato Pie served with Broccoli and Carrots  Breaded Fish Goujons served with Oven Chips, Baked Beans and Ketchup  Pork Meatballs in Tomato Sauce served with Wholegrain Rice and Mixed Vegetables  Rice and Mixed Vegetables  Served with Wholegrain Rice and Mixed Vegetables  Cheesy Pasta Bake served with Garlic Bread, Peas and Sweetcorn  Cheesy Pasta Bake served with Sweetcorn  Served with Garlic Bread, Peas and Sweetcorn  Vegetarian Sausage served with Salad  Hot Cheese & Ham Baguette  Served with Salad  Sweet Chilli Chicken Wrap served with Salad  Sweet Chilli Chicken Wrap served with Salad  Dacket Potato with Cheese & Beans, Cheese, Beans or Tuna Served with Mixed | Pork Meatballs in Tomato Sauce served with Wholegrain Rice and Mixed Vegetables  Cheese, Beans or Tuna served with Mixed Salad  Chicken & Vegetable Pasta Bake served with Garlic Bread, Peas and Sweetcorn  Chicken & Vegetable Pasta Bake served with Kitchen Made Garlic Bread, Peas and Sweetcorn  Roast Beef & Vorkshire Pudding Served with Roast Potatoes, Savoy Cabbage, Carrot & Swede and Gravy  Meat & Potato Pie served with Broccoli and Carrots  Breaded Fish Goujons served with Ocheck of Baked Beans and Ketchup  Baked Beans and Ketchup  Pocked Lunch  Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  Packed Lunch  Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  Packed Lunch  Soft Roll filled with Soft Roll filled with Served with Sweetcorn  Pocked Lunch  Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad  Soft Roll filled with Cheese, Ham or Tuna served with Salad  Soft Roll filled with Cheese, Ham or Tuna served with Salad  Soft Roll filled with Cheese, Ham or Tuna served with Salad  Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad |





## SELSIDE SCHOOL WEEK 3



| DAY       | CHOICE 1  | CHOICE 2   | CHOICE 3   | CHOICE 4   | PUDDING  |
|-----------|---|--|--|--|--|
| Monday    | Turkey Burger in a Bun<br>served with Oven Chips,<br>Baked Beans and Ketchup                  | Vegetable Korma<br>served with Wholegrain<br>Rice                    | Jacket Potato with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Raspberry Bun<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt            |
| Tuesday   | Sausage Casserole<br>served with Mashed Potato<br>and Green Beans                             | Vegetable Sweet & Sour served with Noodles                           | Egg Wrap<br>served with Salad  | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Chocolate Cookie<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt         |
| Wednesday | Roast Pork & Apple Sauce<br>served with Boiled Potatoes,<br>Carrots, Cauliflower and<br>Gravy | Cheese & Potato Pie<br>served with Carrots and<br>Cauliflower        | Hot Tuna Baguette<br>served with Salad   | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Banana Cake<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt              |
| Thursday  | Beef Lasagne<br>served with Kitchen Made<br>Garlic Bread and Salad                            | Veggie Lasagne<br>served with Garlic Bread<br>and Salad              | Cheese & Ham Wrap<br>served with Salad   | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Golden Rice Crispy Slice<br>or<br>Fresh Fruit Pot or<br>Frozen Yoghurt |
| Friday    | Breaded Fish Fillet<br>served with Potato Wedges,<br>Peas and Ketchup                         | Cheese & Vegetable Pasty served with Potato Wedges, Peas and Ketchup | Jacket Potato with Cheese & Beans, Cheese, Beans or Tuna served with Mixed Salad | Packed Lunch Soft Roll filled with Cheese, Ham or Tuna served with Fruit & Salad | Iced Chocolate Cake<br>or<br>Fresh Fruit Pot<br>or Frozen Yoghurt      |

